

Welcome to the Old Orchard Beach Youth Sports Program!

Thank you for volunteering your time to coach your respective teams! Your time and dedication means a lot to the participants and their families, and you will undoubtedly contribute to the program's success! Please remember that above all else, this program is here for the children. The goal is to teach them love of the game, great sportsmanship, and about having fun playing on a team sport.

Should you have any questions or concerns regarding the youth sports programs, please feel free to contact us at any time. Again, thank you for volunteering!

Table of Contents:

1. Welcome	Page 1
2. OOB Recreation Youth Sports Philosophy	Page 2
3. Coaching qualifications	Page 3
4. Coaching responsibilities	Page 3
5. Weather	Page 3
6. Coaching "Need-to-knows"	Page 4
7. OOB Recreation Contacts	Page 4
8. Volunteer Form	Page 5
9. Background Waiver	Page 6

Our Youth Sports Philosophy

The Old Orchard Beach Recreation Department strives to improve on our existing Youth Sports Programs while working to build new programs to service even more kids in our community. We are committed to providing you with an organized and quality program in which kids and families alike can experience the benefit of being active and staying healthy.

Parent involvement and early sign-ups are essential to the success of our programs. Our main emphasis is on the development of each child in our program.

We will primarily focus our energy on three areas of a child's development including:

1. Physical development, by learning new skills while improving on fitness and conditioning
2. Psychological development, by learning to control emotions and developing positive feelings of self-worth
3. Social development, by learning how to be a part of a team and display appropriate sportsmanship

We feel that the best environment for a child to develop in these areas is one in which there is no pressure to win! If we strive to encourage each child to do their very best and not be concerned about winning, then we feel like each child will be able to experience personal success and growth - and that's a winning program!

To help create this type of atmosphere, we have instituted the following guidelines:

- Every child plays in every game.
- Win-loss records are not kept.
- There are no post-season tournaments for children in Kindergarten through 4th grade.

At this level we value playing the “game” for its developmental and safety benefits more than we value playing to win!

Coaching Qualifications

1. Pass the Town of Old Orchard Beach background check.
2. Attend any scheduled coaches meetings
3. Have knowledge of the sport that one would like to coach
4. Have patience, especially with children
5. Not want to win at all costs
6. Be enthusiastic
7. Be organized
8. Be dependable

Coaching Responsibilities

1. Plan and supervise games and practices
2. Teach young athletes the fundamentals of the sport
3. Provide a safe, educational, and fun environment for children
4. Learn and follow all league rules
5. Give each player playing time in every game.
6. Put the well-being of players ahead of your desire to win

Weather

OOB Recreation wants our youth sports athletes to play as much as possible, however sometimes weather can make that difficult. Practice and game cancelations due to rain are a part of outdoor sports. If rain or thundershowers are predicted, or if it is currently raining, practice and/or games might be canceled. This decision is made with not only participant safety in mind, but also to prevent field damage that can occur with heavy downpour.

Once the decision to cancel a game or practice, the OOB Recreation Administration will send out an email, call the school, as well as post it on the Facebook page.

If inclement weather begins during a game or practice, coaches are to use their best judgment regarding whether to continue to play, or to call off early.

LIGHTENING! Our sports season starts during the tail end of the summer, so thunderstorms are still likely. If you see lightening, please stop play immediately and seek shelter.

More Coaches “Need-to-knows”

1. The most up-to-date schedule will always be on the website. As soon as a change in the schedule occurs, the administrative staff will change the website. Changes will also be communicated via Facebook and email blasts.
2. Each head coach will have access to the team contacts and parent email addresses. Please CC the recreation department on these emails:

Nicole: nwelch@oobmaine.com
Tyler: tstewart@oobmaine.com
3. Uniforms will be handed out as we get closer to the first games. For those coaches who hand out jerseys (NOT t-shirts), please be prepared to record which player has which number uniform.
4. Players are not allowed to swing to different teams (up or down) without prior approval of the recreation department.
5. If at any time you need replenishment in your first aid kit, please contact Nicole or Tyler, and one of them will assist you with this.
6. Should a parent become interested in being an assistant coach after the season has started, they need to fill out a Volunteer Contact, Background Check Form, and be cleared to coach by the Old Orchard Beach Recreation Department before assisting at practices or making a sideline presence at games.

OOB Recreation Department Contacts:

Jason Webber	Recreation Director	207-423-2044
Nikki Duplisea	Assistant Recreation Director	207-423-4704
Nicole Welch	Recreation Programmer	207-310-3328
Tyler Stewart	Recreation Programmer	207-284-3989